#### **Appendix C**



# Somerset's Commitment to Carers 18.1.18



Deborah Penny Development & Engagement Officer Carers' Voice Somerset

## Somerset's Commitment to Carers

- Feedback and ideas from carers.
- Feedback and updates from commissioners and service providers.
- Solution Focused Workshops x 3 per annum.
- Identification of workable solutions.
- Follow up action planning.
- Sharing of progress



## Somerset's Commitment to Carers

- Focusing on solutions, growing and developing workshops and engagement activities.
- Working with GP practices to monitor and develop the Commitment.
- Developing a stronger Young Carers
  Voice via schools and further education.
- Creating a hospitals Commitment to Carers scheme.



### Somerset's Commitment to Carers

#### **Contact details:**

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**New Support & Advice Service for Carers across Somerset!** 

Who cares for the Carers? We do.

You can refer yourself or another person to the Somerset Carers Service, just contact our friendly team.

Freephone Advice Line:

0800 31 68 600

**F** Text: 'Carer' to 78070

www.somersetcarers.org.uk



Advice Line: 0800 31 68 600 or TEXT 'Carer' to 78070

If you regularly look after someone in a caring capacity, this may be a family member or friend, **Somerset Carers Service** can support you with advice and guidance.

Caring for another person is very rewarding, but can be overwhelming and lonely at times.

#### **Somerset Carers Service** can help with:

- Linking you to groups & events in your area
- Finding information that will help you and the person you are caring for, tailored to you
- Guiding you through financial support you may be eligible for, and assisting you with applications

www.somersetcarers.org.uk